

*active program for
adults and the
entire family*

The program is subject to change!

MONDAY



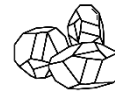
1:30 – 3.30 P.M.

Snow shoe hike
with our guide Alex

Please wear sturdy boots!

Max. 10 participants – starting at 10 years of age

Meeting place: Basislager



4:00 – 5.30 P.M.

Polishing minerals with our guide Alex

Meeting place: Basislager



4:00 – 5:00 P.M.

&

5:15 – 6:15 P.M.



YOGA with Bettina

Every level - whether absolute novice or advanced
yogi - is welcome to be a little closer to yourself.

Meeting place: gymnastic room

TUESDAY

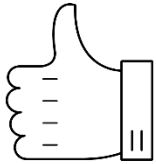
2:30 P.M.

sock knitting course with granny Waltraud

Tips and tricks for homemade socks.

Min. 2 participants

Meeting place: reception



4:00 - 5:00 P.M.

&

5:15 - 6:15 P.M.

YOGA with Bettina

Every level - whether absolute novice or advanced yogi - is welcome to be a little closer to yourself.

Meeting place: gymnastic room



8:00 P.M.

Schnapps tasting with our noble distiller Raimund Schachner

max. 20 persons

Meeting place: living room



WEDNESDAY

10:00 - 12:00 P.M.

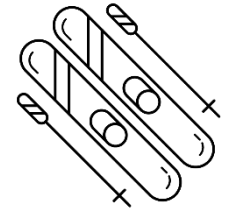
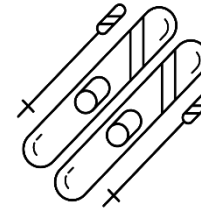
cross country skiing tasting class

with our guide Alex

(liable to pay costs)

max. 8 participants!

Meeting place: reception



1:30 - 3:00 P.M.

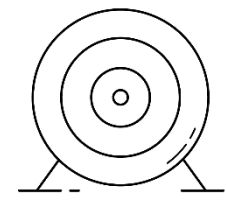
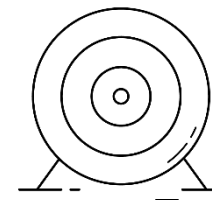
outdoor archery

with our guide Alex

Please put on warm clothes!

max. 8 participants!

Meeting place: reception



THURSDAY

1:30 – 3.30 P.M.



Snow shoe hike
with our guide Alex



Please wear sturdy boots!

Max. 10 participants – starting at 10 years of age

Meeting place: Basislager

4:00 – 5.30 P.M.



Polishing minerals with our guide Alex

Meeting place: Basislager

4:00 – 5:00 P.M.

&

5:15 – 6:15 P.M.



YOGA with Bettina



Every level - whether absolute novice or advanced yogi - is welcome to be a little closer to yourself.

Meeting place: gymnastic room

FRIDAY

2:15 – 3:15 P.M.

&

3:30 – 4:30 P.M.

YOGA with Bettina

Every level - whether absolute novice or advanced yogi - is welcome to be a little closer to yourself.

Meeting place: gymnastic room



5:00 P.M.

Torch and lantern hike

Afterwards there will be delicious mulled wine and children's punch.

Please register at the kids club!

Meeting place: in front of the Beag Haus

