

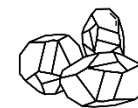
Active programme for adults and the whole family

Subject to alterations!

MONDAY

10.00 A.M. – 12.00 O’CLOCK

**Mineral search for the whole
family with our guide Gernot**



1.30 – 3.30 P.M.

**Mineral polishing for the whole
family with our guide Gernot**



4.00 – 6.00 P.M.

**E-mountain biking with
our guide Erich**



4.30 – 6.00 P.M.

Yoga with Dominique

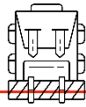


TUESDAY

9.45 A.M. – 02.30 P.M.

Family hike up to the Lärchkaralm

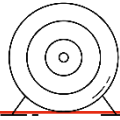
*Beautiful and cozy with breaks.
Up at the hut we will have snacks and drinks.*



3.00 – 4.30 P.M.

Archery with our guide

from 13 years on



4.30 – 6.00 P.M.

Yoga with Bettina

Every level is welcome.



WEDNESDAY

10.00 A.M. – 2.00 P.M.

**High altitude family hike up to the Michelirlingalm with
our guide**

10.00 – 11.30 A.M.

Yoga in the forest with Dominique (for adults)

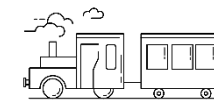
4.30 – 6.30 P.M.

E-mountain biking with our Guide Erich



4.00 – 6.00 P.M.

Fun tractor and panoramic ride to the Mörsbachalm



THURSDAY

8.00 – 9.15 A.M.

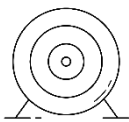
Sound Healing Meditation

... the meditation is like a journey to yourself.



10.00 – 12.30 A.M.

Fun tractor and panoramic ride to the Mörsbachalm

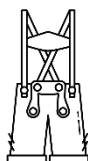


4.00 – 5.30 P.M.

Archery with our guide Gernot

5.30 P.M.

Styrian Evening



FRIDAY

9.45 A.M. – 2.30 P.M.

Family hike to the Lärchkaralm

3.00 – 5.00 P.M.

**Mineral polishing for the whole family
with our guide Gernot**

4.00 – 6.00 P.M.

E-mountain biking with our guide Erich

4.30 – 6.00 P.M.

Yoga with Bettina (for adults)

